

# THE SHED LIFE – TIMETABLE

February 2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>6AM Group Fitness</b>	<b>6AM Group Fitness</b>	<b>6AM Group Fitness</b>	<b>6AM Group Fitness</b>	<b>6AM Group Fitness</b>	
<b>9AM Low Impact</b>	<b>9AM Low Impact</b>				<b>8:30AM Open Mat</b>
					<b>11AM Fitness Test</b>
<b>6PM Team Norton BJJ</b>	<b>6PM Team Norton BJJ</b>	<b>6PM Team Norton BJJ</b>	<b>6PM MMA Fitness</b>		